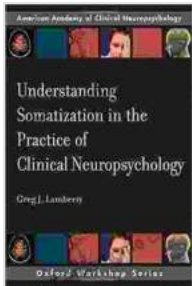


Understanding Somatization in the Practice of Clinical Neuropsychology



Understanding Somatization in the Practice of Clinical Neuropsychology (AACN Workshop Series)

by Greg J. Lamberty

★★★★☆ 4 out of 5

Language : English

File size : 1200 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Word Wise : Enabled

Print length : 131 pages

Lending : Enabled



A Comprehensive Guide for Clinicians

Somatization is a common condition that can present a complex set of challenges for clinicians. This book provides an in-depth examination of somatization, from its definition and prevalence to its assessment and treatment. Written by a team of leading experts in the field, this book is an essential resource for clinicians who want to improve their understanding and care of patients with somatization.

What is Somatization?

Somatization is a condition in which physical symptoms are present without an identifiable medical cause. These symptoms can range from mild to severe and can significantly impact an individual's quality of life.

Prevalence of Somatization

Somatization is a common condition, affecting up to 5% of the population. It is more common in women than men and is often comorbid with other mental health conditions, such as depression and anxiety.

Assessment of Somatization

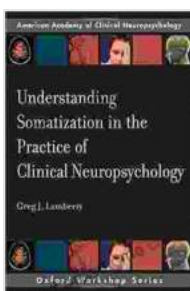
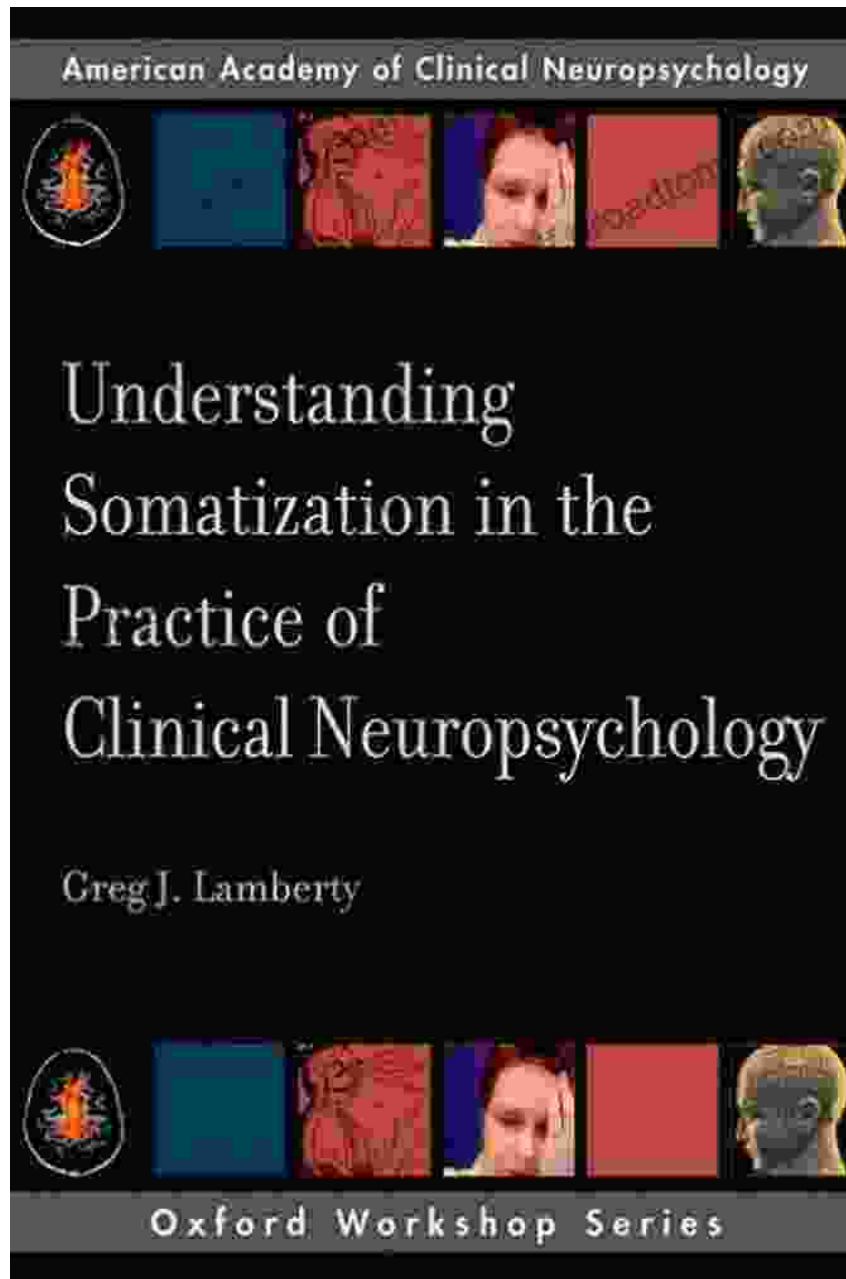
The assessment of somatization can be complex and requires a thorough evaluation of the patient's medical history, physical examination, and psychological evaluation. Clinicians should also consider the patient's social and cultural context when making a diagnosis.

Treatment of Somatization

The treatment of somatization typically involves a combination of psychotherapy and medication. Psychotherapy can help patients to understand the psychological factors that contribute to their symptoms and develop coping mechanisms. Medication can be used to manage the symptoms of somatization, such as pain, fatigue, and anxiety.

This book is an essential resource for clinicians who want to improve their understanding and care of patients with somatization. It provides a comprehensive overview of the condition, from its definition and prevalence to its assessment and treatment.

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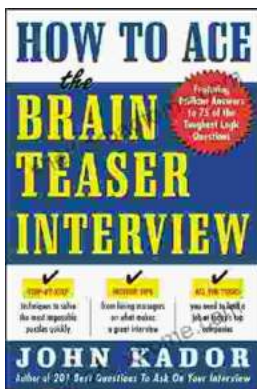
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