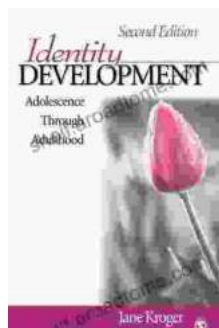
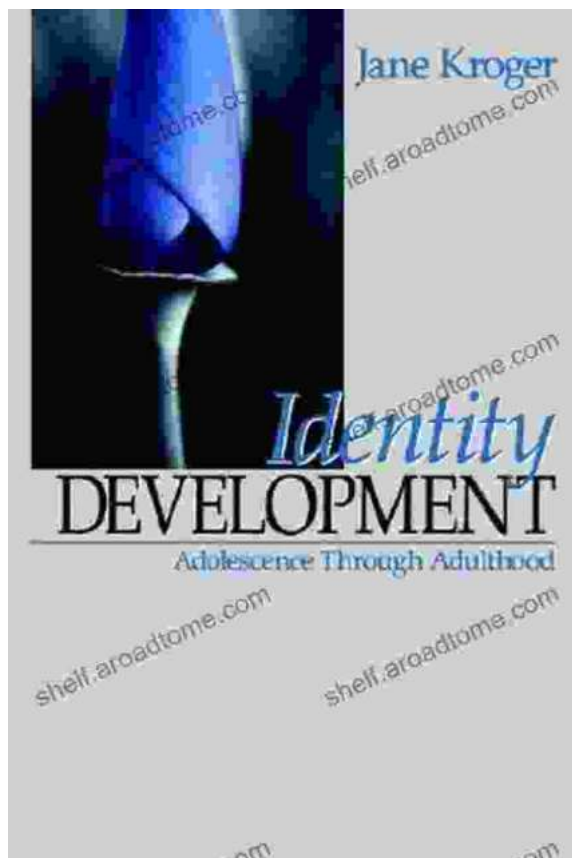


Identity Development: Adolescence Through Adulthood

Achieving QTLS Series



[Identity Development: Adolescence Through Adulthood \(Achieving QTLS Series\)](#) by Jane Kroger

★★★★☆ 4.7 out of 5

Language : English
File size : 868 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting: Enabled
Word Wise : Enabled
Print length : 322 pages



Identity development is a complex and ever-changing process that begins in adolescence and continues throughout adulthood. This book provides a comprehensive guide to the theoretical and practical aspects of identity development, offering a valuable resource for students, practitioners, and anyone interested in understanding the self.

The book is divided into three parts. Part I provides a theoretical framework for understanding identity development, drawing on the work of Erik Erikson, James Marcia, and Janet Kroger. Part II examines the different stages of identity development, from adolescence through adulthood. Part III explores the challenges and opportunities that can arise during identity development, and provides strategies for fostering healthy identity development.

Identity Development: Adolescence Through Adulthood is an essential resource for anyone who wants to understand the complex and ever-changing nature of identity development. This book provides a comprehensive overview of the theoretical and practical aspects of identity development, offering valuable insights and strategies for fostering healthy identity development in adolescents and adults.

Key Features

- Provides a comprehensive overview of identity development, from adolescence through adulthood
- Draws on the work of leading theorists, including Erik Erikson, James Marcia, and Janet Kroger
- Examines the different stages of identity development, including identity exploration, identity commitment, and identity achievement
- Explores the challenges and opportunities that can arise during identity development
- Provides strategies for fostering healthy identity development

Target Audience

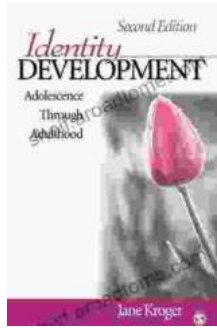
- Students in psychology, education, and social work
- Practitioners who work with adolescents and adults
- Anyone interested in understanding the self

Author

Dr. Susan Harter is a leading expert on identity development. She is a professor of psychology at the University of Denver and the author of numerous books and articles on the topic. Her research has been funded by the National Science Foundation, the National Institute of Child Health and Human Development, and the Spencer Foundation.

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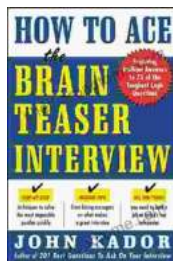
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