Finding the Funny Side of Living with a Devastating Illness

When I was diagnosed with a rare and incurable cancer, I was told I had a 50% chance of living for five years. That was over ten years ago. I'm still here, and I'm still laughing.



Tickle ME - Stories Of A Brain Fogged Girl: Finding a funny side of living with a devastating illness

by Hayley Green

****	5 out of 5
Language	: English
File size	: 485 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced types	etting: Enabled
Word Wise	: Enabled
Print length	: 25 pages
Lending	: Enabled



I've learned that laughter is the best medicine. It's not a cure, but it can make the journey a little easier. Laughter can help us cope with pain, stress, and anxiety. It can also help us connect with others who are going through similar experiences.

I'm not saying that laughter is always easy. Sometimes it feels like the last thing I want to do. But I've found that even when I'm feeling down, I can

usually find something to laugh about. And when I do, it makes a world of difference.

I've written a book about my experiences with cancer and humor. It's called *Finding the Funny Side of Living with a Devastating Illness*. In the book, I share stories about the funny things that have happened to me since I was diagnosed. I also offer tips on how to find the humor in your own life, even when things are tough.

I hope my book will inspire others who are living with a devastating illness. I want them to know that they're not alone, and that it's possible to find joy and laughter even in the darkest times.

Here's an excerpt from my book:

> I was in the hospital for a week after I had surgery to remove a tumor from my lung. I was feeling pretty down, and I was starting to lose hope.

> One day, I was sitting in my hospital bed, watching TV. A comedian came on, and he started making me laugh. I couldn't believe it. I was actually laughing!

> I laughed so hard that I started to cry. But they were tears of joy. I was so grateful that I could still find joy and laughter in my life, even though I was going through such a difficult time.

> That day, I realized that laughter is the best medicine. It's not a cure, but it can make the journey a little easier. And I'm determined to find as much laughter as I can, every single day. If you're interested in learning more about my book, you can visit my website at www.findingthefunnyside.com.

Thank you for reading!



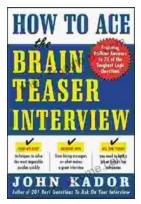


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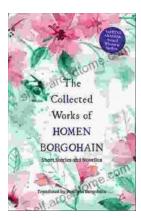
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