

Anxiety At 35 000 Feet: An Introduction To Clinical Aerospace Psychology (The Forensic Psychotherapy Monograph Series)

Author: Dr. Adam Goldstein

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Book Description:

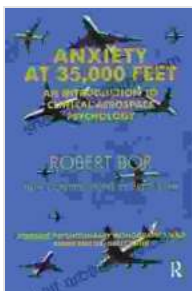
This book provides a comprehensive overview of the field of clinical aerospace psychology, with a specific focus on the forensic psychotherapy of aerospace personnel. The book begins with a brief history of aerospace psychology and then discusses the unique challenges of the aerospace environment, including the psychological effects of spaceflight, isolation, and confinement. The book also covers the psychological selection and training of astronauts, as well as the psychological support of astronauts

during space missions. The final chapter of the book discusses the forensic psychotherapy of aerospace personnel, including the assessment and treatment of psychological trauma, substance abuse, and mental health disFree Downloads.

This book is essential reading for anyone interested in the field of aerospace psychology, including psychologists, psychiatrists, and other mental health professionals. The book is also of interest to astronauts, pilots, and other aerospace personnel, as well as to anyone interested in the psychological effects of spaceflight.

Author Biography:

Dr. Adam Goldstein is a clinical psychologist and a professor of aerospace psychology at the University of California, San Diego. He is a Fellow of the American Psychological Association and the Aerospace Medical Association. Dr. Goldstein has published over 100 articles and book chapters on the psychological effects of spaceflight and the forensic psychotherapy of aerospace personnel.



Anxiety at 35,000 Feet: An Introduction to Clinical Aerospace Psychology (The Forensic Psychotherapy Monograph Series) by Robert Bor

★★★★☆ 4 out of 5

- Language : English
- File size : 434 KB
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- Screen Reader : Supported
- Enhanced typesetting : Enabled
- Word Wise : Enabled
- Print length : 124 pages



Endorsements:

"An to Clinical Aerospace Psychology: The Forensic Psychotherapy is a must-read for anyone interested in the field of aerospace psychology. Dr. Goldstein has done an excellent job of providing a comprehensive overview of the field, from the history of aerospace psychology to the latest research on the psychological effects of spaceflight. The book is also of great value to forensic psychologists and other mental health professionals who work with aerospace personnel." _

- Dr. Michael Barratt, Director of the National Space Biomedical Research Institute

"Dr. Goldstein's book is a valuable resource for anyone interested in the psychological effects of spaceflight and the forensic psychotherapy of aerospace personnel. The book is well-written and comprehensive, and it provides a wealth of information on the latest research in the field. I highly recommend this book to anyone who works with or is interested in aerospace personnel."

- Dr. Patricia Santy, Director of the Aerospace Human Factors Research Division at the NASA Ames Research Center

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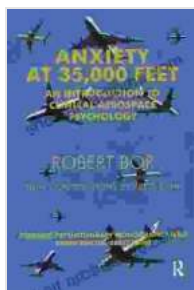
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